

Building opening times are:

Monday to Friday: 5.45am - 10.30pm

Saturday: 5.45am - 6.30pm

Sunday: 7.45am - 6.30pm

Gym opening times are:

Monday to Friday: 6am - 10pm

Saturday: 6am - 6pm

Sunday: 8am - 6 pm

Health suite opening times are:

Mon/Tues/Thurs/Fri: 6.30am - 9pm

Wednesday: 6.30am - 8pm

Saturday: 6am - 5pm

Sunday: 8.30am – 5pm

Café opening times are:

Monday: 10am - 7.30pm

Tuesday: 9am - 7.30pm

Wednesday: 9am - 7.30pm

Thursday: 10am - 7pm

Friday: 10am - 9pm

Saturday: 9am - 3pm

Sunday events only